



... the sky's OUR limit!

Reception

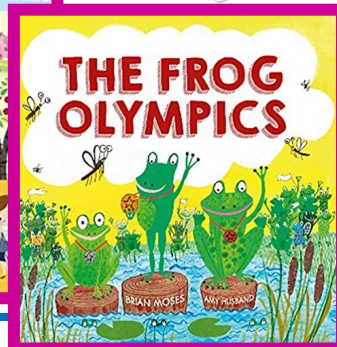
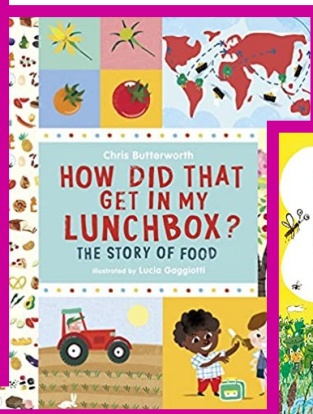
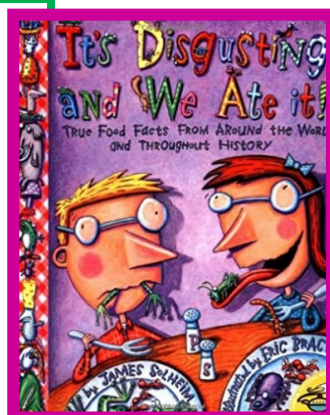
Healthy Living – Summer 2 Term 2023



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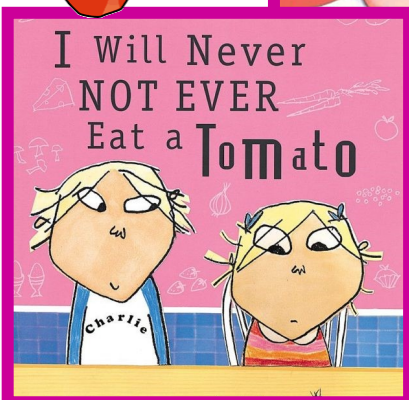
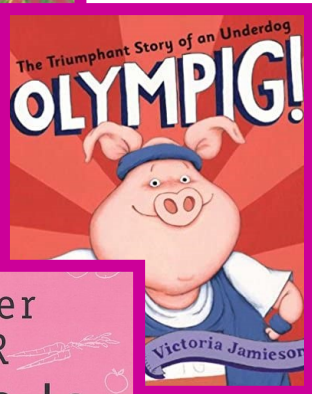
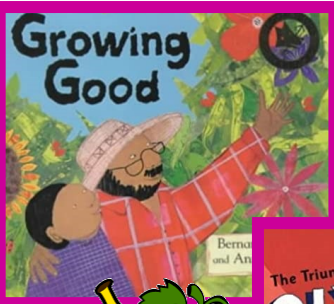
Areas we will cover:

- Discussing healthy / unhealthy foods.
- Sharing food likes and dislikes
- Look at seasons different fruit and vegetables grow
- Exploring ways we can keep our bodies and minds healthy
- Sharing what makes us happy / unhappy and why
- Looking at how we celebrate sporting events, i.e. the Olympics



We will be learning

- Show an understanding of their own feelings and those of others, and begin to regulate their behavior accordingly.
- Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses.
- Have a deep understanding of number to 10, including the composition of each number;
- Verbally count beyond 20, recognising the pattern of the counting system
- Explore and represent patterns within numbers up to 10, including evens and odds
- Write recognisable letters / words / sentences.
- Begin to show accuracy and care when drawing
- Safely use and explore a variety of materials, tools and techniques.
- Use a range of small tools, including scissors, paint brushes and cutlery;
- Negotiate space and obstacles safely, with consideration for themselves and others.
- Explore the natural world around them. Describe what they see, hear and feel whilst outside.
- Blend sounds into words, so that they can read short words / sentences / stories made up of known letters.
- Learn rhymes, poems and songs.



Important Information:

School trip - June (exact date tbc)

Book change day - Mondays

PE day - Fridays

Reception donation £1 per week

Vocabulary we are learning this term:

Health, hygiene, teeth, tooth, sensible, screen time, sleep, routine, safe, secure, pedestrian, skills, mealtime, health, wellbeing, natural world, nature, explore, animals, plants, Range of animal and plant names, environment, similarities, differences, experiences, fiction, non-fiction, poems, rhymes, perform, recount, materials, techniques, colour, design, texture, form, function, music, tools